

# Visiting Nursing System In Japan

# The Present and Future of Visiting Nursing 2025

Japan Visiting Nursing Foundation

Vol. 001

## Contents

### I

## The Present Status of Visiting Nursing

01. Changes in medical expenses and long-term care benefits pertaining to visiting nursing stations
02. Changes in the number of visiting nursing offices under the long-term care insurance system
03. Shares by operators of visiting nursing stations
04. Composition of visiting nursing station offices by the scale of users
05. Shares by professions of staff at visiting nursing stations (comparison in FTE and actual number)
06. Breakdown of users of visiting nursing stations by disease/injury
07. Details of care for users of visiting nursing stations
08. Deaths and composition by the place of death

### II

## The Future of Visiting Nursing

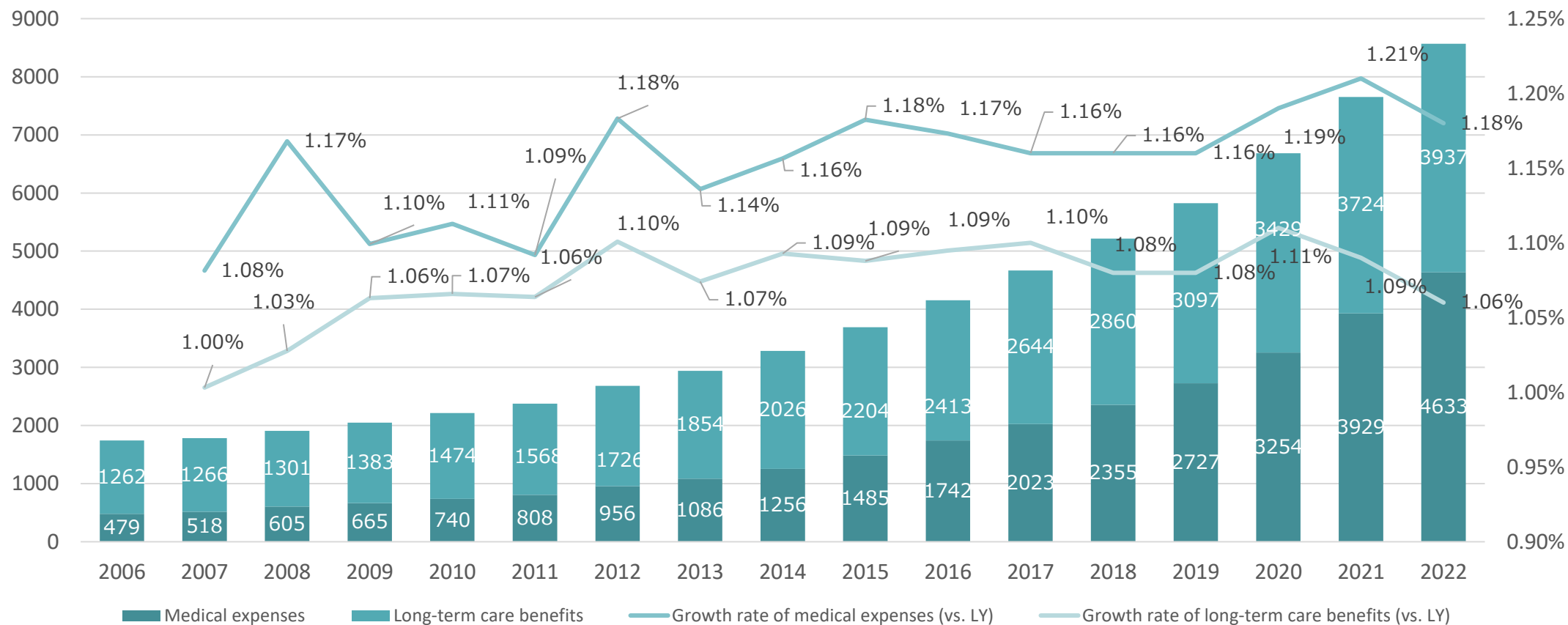
01. Overview of Visiting Nursing Action Plan 2025
  - Reference 1 Changes in Japanese population
  - Reference 2 Required nurses by scenario toward 2025 (provisional values)
  - Reference 3 Proposed lifetime training system for visiting nurses

## I-01.

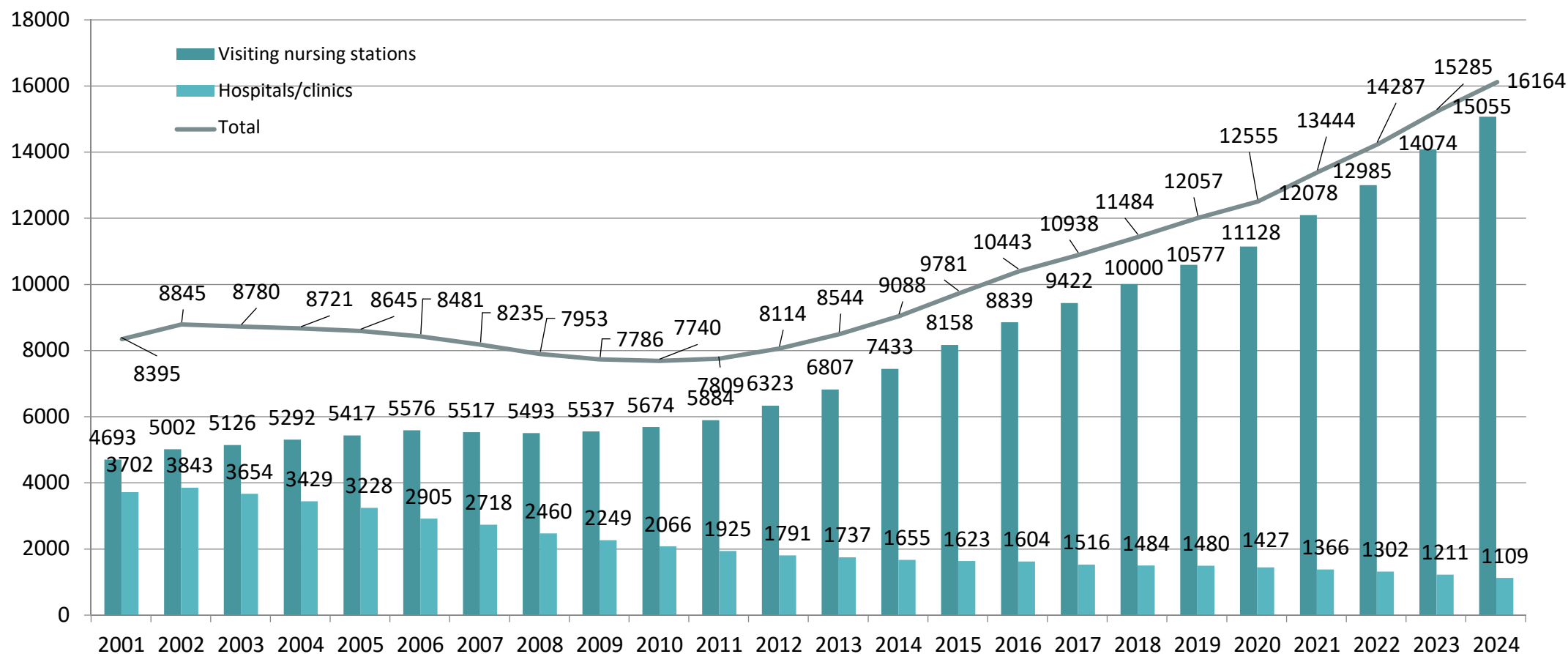
## Changes in medical expenses and long-term care benefits pertaining to visiting nursing stations

(100 million yen)

Medical expenses: health insurance, medical care system for latter-stage elderly people, publicly funded health care, medical expenses not covered by health insurance  
 Long-term care benefits: visiting nursing expenses, care prevention visiting nursing expenses



[Source] Overview of National Medical Expenses / Status Survey of Long-term Care Benefits

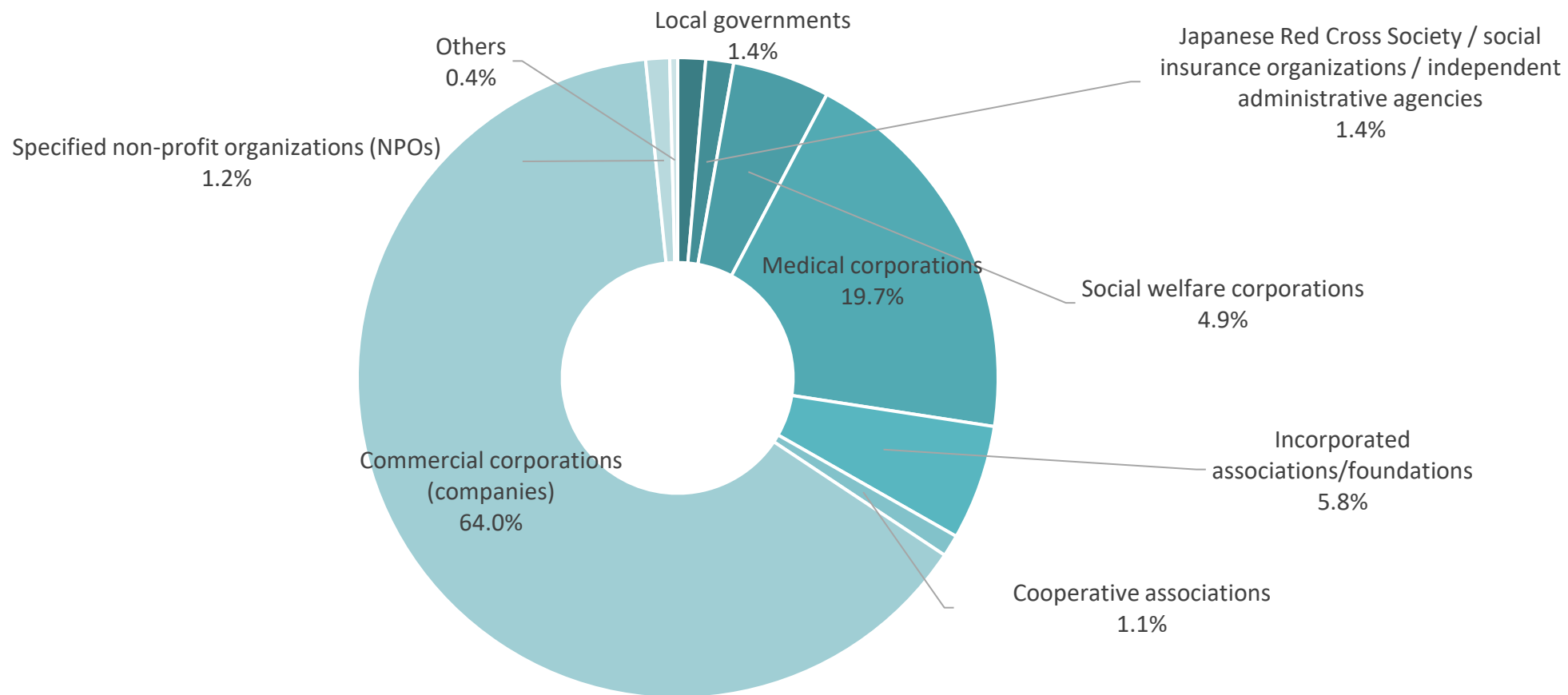


\* The totals indicate the sums of figures in the graph.

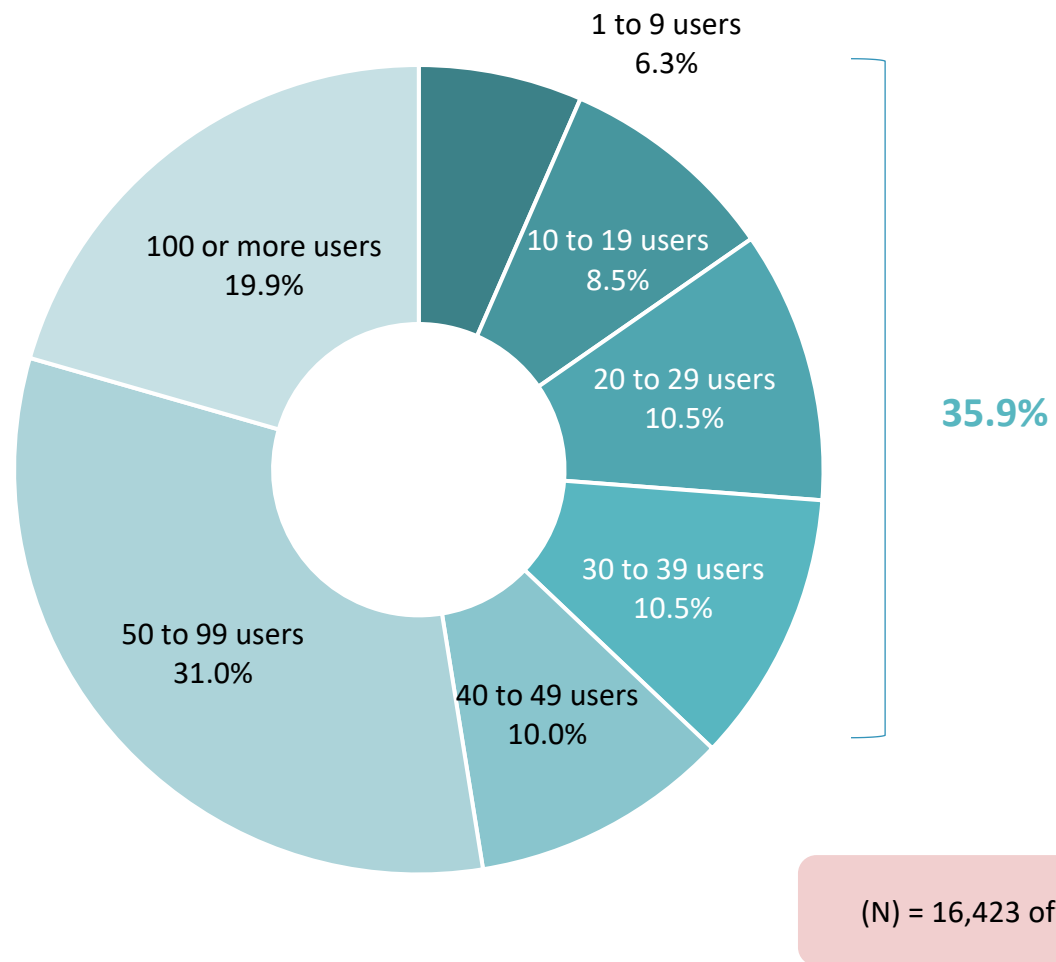
\* As of August 2024

Material: Prepared from the Ministry of Health, Labour and Welfare, "Statistics of Status Survey on Long-term Care Benefits (the number of visiting nursing offices with billing in September every year)"

## Shares by operators of visiting nursing stations



Material: Prepared from the Ministry of Health, Labour and Welfare "Long-term Care Service Facilities and Offices Survey 2023"

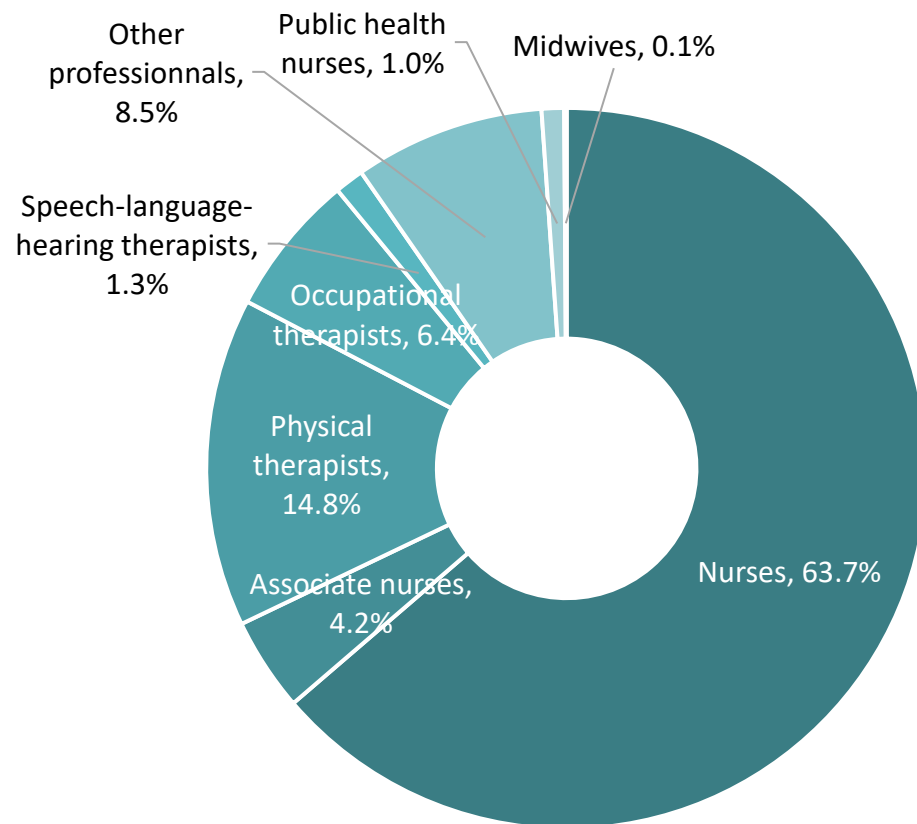


Material: Prepared from the Ministry of Health, Labour and Welfare "Long-term Care Service Facilities and Offices Survey 2023"

I-05.

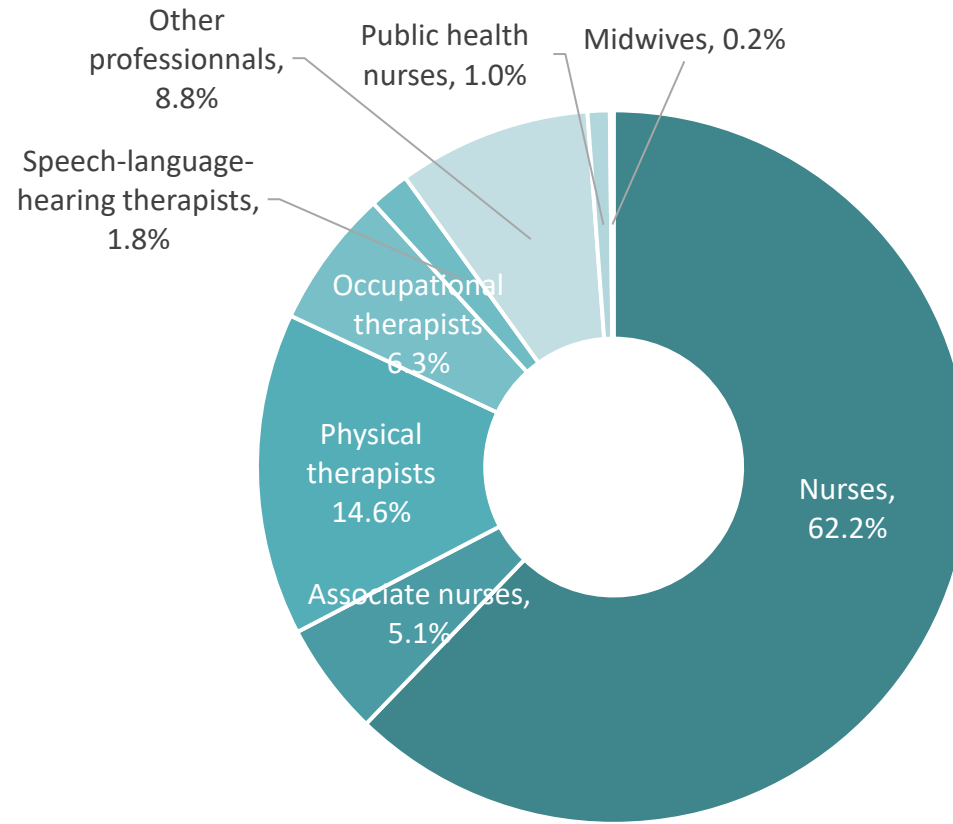
## Shares by professions of staff at visiting nursing stations (comparison in FTE and actual number)

FTE (full-time equivalent)  
(N) =103,314



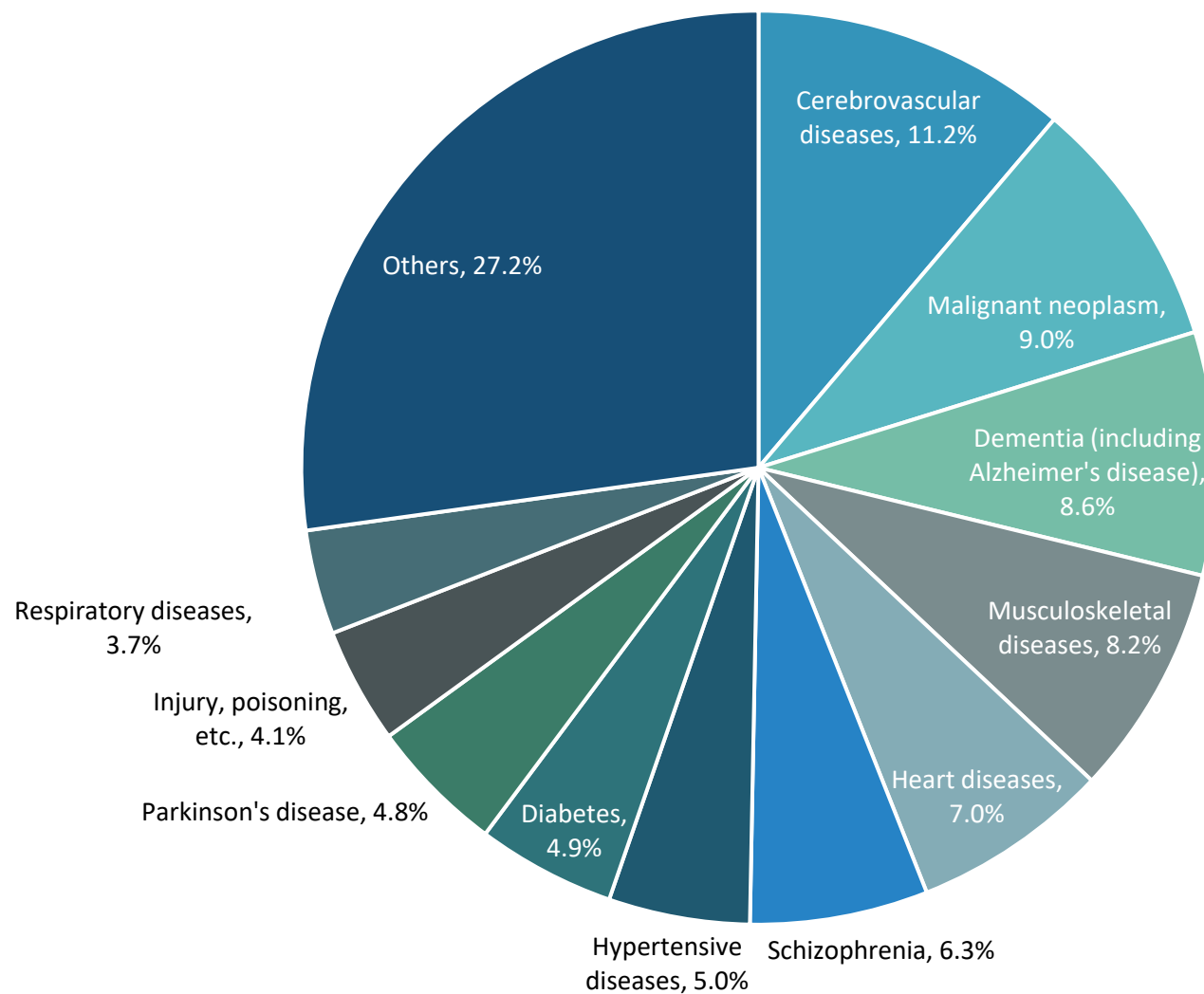
Material: Prepared from the Ministry of Health, Labour and Welfare  
"Long-term Care Service Facilities and Offices Survey 2023"

Actual number  
(N) =180,316



Material: Prepared from the Ministry of Health, Labour and Welfare  
"Long-term Care Service Facilities and Offices Survey 2023"

## Breakdown of users of visiting nursing stations by disease/injury

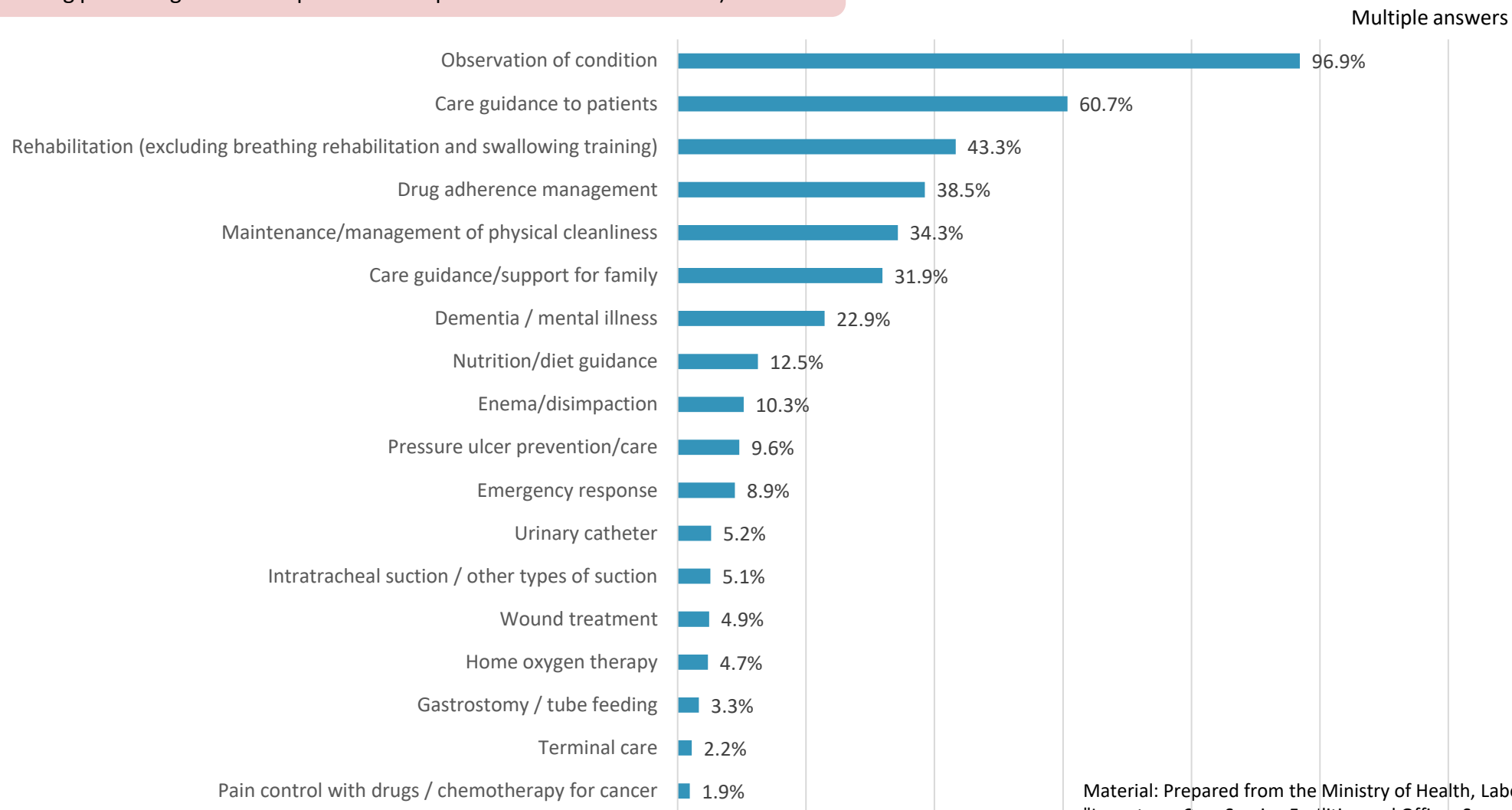




## Details of care for users of visiting nursing stations

\* Users of visiting nursing stations: 1,115,634

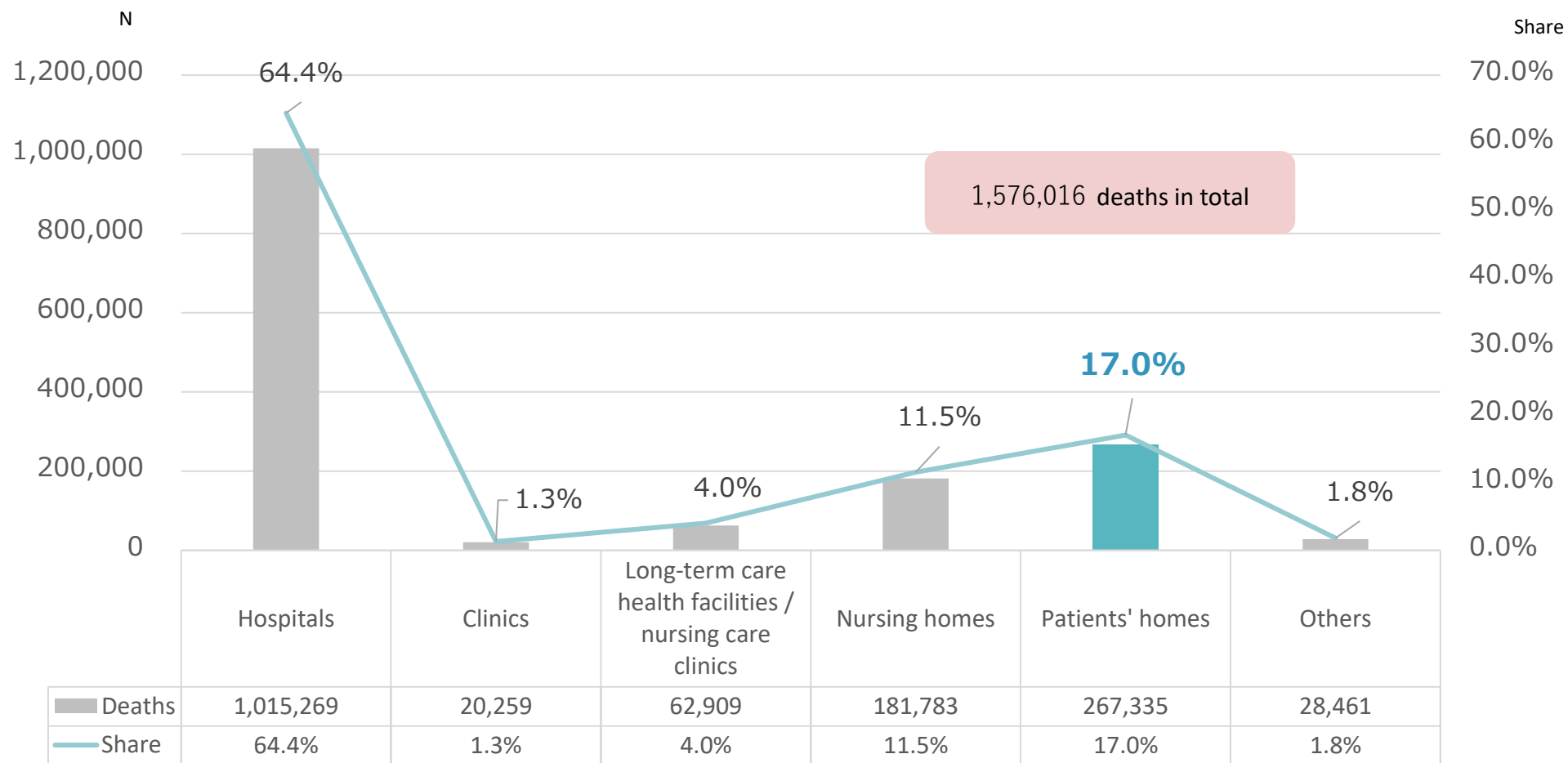
(Nursing pertaining to medical procedures is performed on 61.5% of total)



Material: Prepared from the Ministry of Health, Labour and Welfare  
"Long-term Care Service Facilities and Offices Survey 2022"

I-08.

## Deaths and composition by the place of death



\* Shares were calculated based on the sums in the graph.

Prepared from Table 5, the deaths and composition by the place of death, the Ministry of Health, Labour and Welfare "Vital Statistics (2023)"

**I. Quantitative expansion of visiting nursing**

1. Establish visiting nursing offices nationwide
  - Improve imbalanced presence among regions
  - Establish a system for service 24/7
  - Expand the scale
2. Retain a stable number of visiting nurses
  - Objective; 150,000 visiting nurses
  - Recruit newly graduate nurses
  - Improve treatment and work-life balance (WLB)
3. Mutual development of nurses between medical institutions and visiting nursing stations
  - Establish human resource development system
  - Opportunities for human resource exchange

**II. Functional expansion of visiting nursing**

1. Increase the places for visiting nursing
  - Visiting nursing to long-term care facilities, group homes, schools, etc.
2. Functional expansion of visiting nursing offices
  - Establish at least one visiting nursing station with expanded functions in each secondary medical zone
  - Enhance outpatient day care
  - Implement preventive activities for residents
3. Enhance nurse-led comprehensive community care
4. Improve the efficiency of visiting nursing operations
  - ICT-based information sharing with other professionals
  - Improve the efficiency of operations

**III. Quality improvement of visiting nursing**

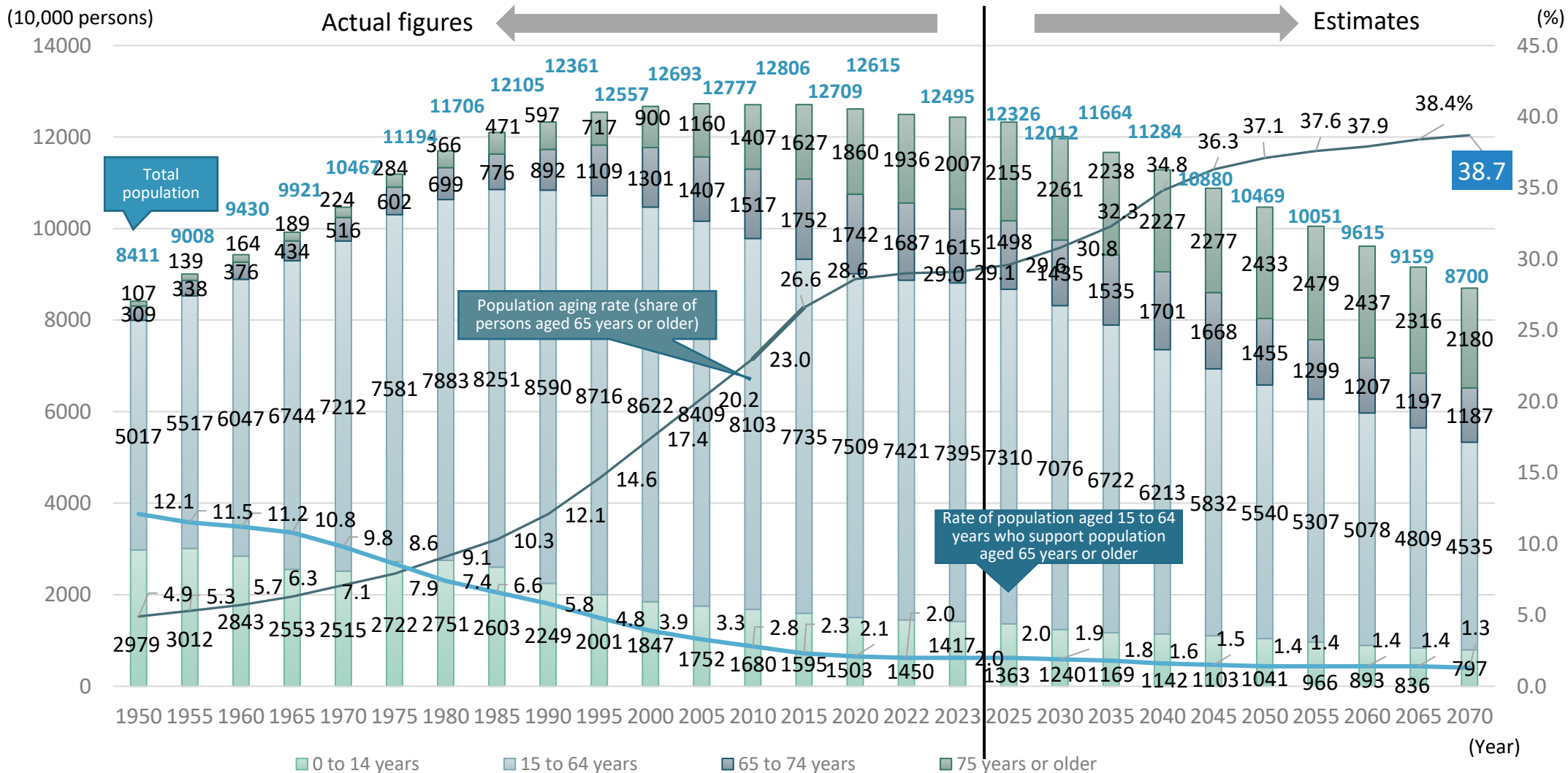
1. Develop specialists who have a viewpoint to support health maintenance and recovery, living, and a calm terminal stage of life
  - Enhanced care  
Terminal care at home, palliative care, support for dementia, mental illness, and children with severe mental/physical disorders, etc.
2. Collaborate with other professionals exercising nursing specialty
  - Provide occasions for learning and thinking with other professionals
3. Upgrade the management skills of managers at visiting nursing stations
  - Enhanced training for managers
4. Strengthen basic nursing education
  - Cooperation with educational institutions
  - Upgrade exercise guidance for home nursing studies

**IV. Response to regional comprehensive care**

1. Dissemination of visiting nursing to the general public
  - Information provision concerning the functions and roles of visiting nursing
2. Establish a regional comprehensive care system
  - Establish a regional network
  - Participate in municipal services and meetings
3. Strengthen the function of visiting nursing stations to provide comprehensive support for regional living
4. Policy proposals from the standpoint of visiting nursing
  - Participation in the planning process
  - Policy proposals that match regional characteristics

II-01.  
Reference 1

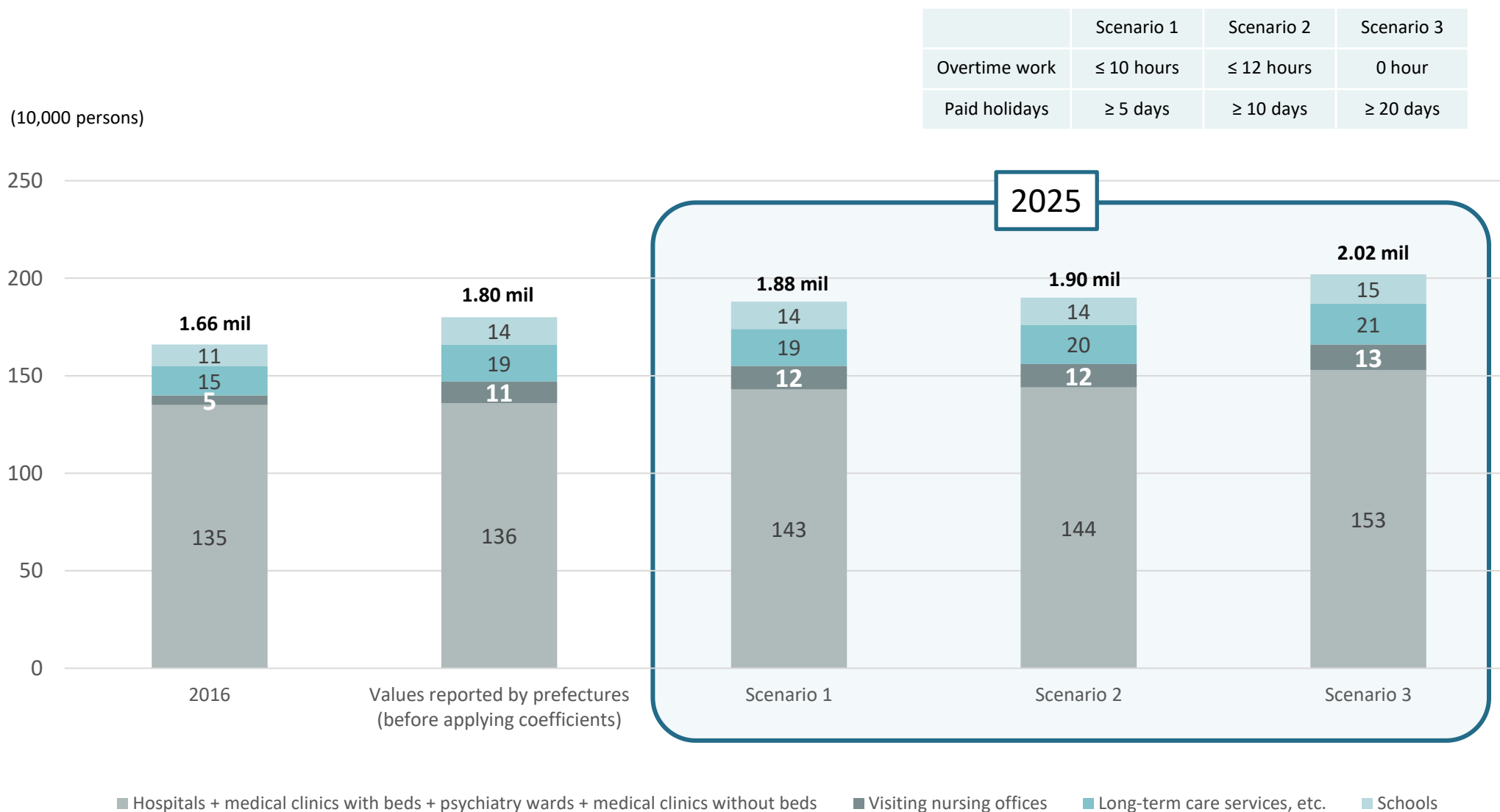
## Aging of Japanese population and future estimates



Source: Prepared by the Foundation based on Chapter 1, the status of aging population (Figure 1-1-1), the Cabinet Office "White Paper on Aging Society 2023 (Overview)"

II-01.  
Reference 2

## Required nurses by scenario toward 2025 (provisional values)



Material: Prepared by the Foundation based on the Ministry of Health, Labour and Welfare, "Interim Summary of Review Meeting on Supply and Demand of Healthcare Professionals / Subcommittee on Supply and Demand of Nurses (Overview)"

II-01.  
Reference 3

## Proposed lifetime training system for visiting nurses

Content of training	<b>&lt;Training occasions common to all ladder levels&gt;</b> <ul style="list-style-type: none"> <li>▪ OJT</li> <li>▪ OFF-JT</li> </ul>		<b>[Advanced specialty (guidance/research)]</b> <ul style="list-style-type: none"> <li>▪ Certified nursing education course</li> <li>▪ Specialized nursing education course (graduate school)</li> </ul>		
			<b>[Management and administration of visiting nursing stations]*</b> <ul style="list-style-type: none"> <li>▪ Training for visiting nursing station managers</li> <li>▪ Entrepreneurship training</li> </ul> <ul style="list-style-type: none"> <li>• This part corresponds to the career ladder, and is therefore distinguished with the dotted line and different colors.</li> </ul>		
			<div> <div> <b>[Specialty]</b> <ul style="list-style-type: none"> <li>▪ Training on regional comprehensive care (viewpoint for regional community)</li> <li>▪ Training on knowledge and skills required for visiting nursing service</li> <li>▪ Training on knowledge and skills by medical procedure</li> <li>▪ Training on knowledge and skills by target, etc.</li> </ul> </div> <div> <b>[Specified acts]</b> <ul style="list-style-type: none"> <li>▪ Respiratory procedures</li> <li>▪ Fistula management procedures</li> <li>▪ Injury management procedures</li> <li>▪ Medication procedures regarding blood sugar control</li> </ul> </div> </div>		
	<b>[Visiting nursing basics]</b> <ul style="list-style-type: none"> <li>▪ Visiting nursing basic program</li> <li>▪ Visiting nurse development seminar (Visiting nursing e-learning)</li> </ul>				
Goal of training					
Approximate positions	Yet to be employed / staff	Staff	Staff / managers	Staff / managers	Staff / managers
Approximate experience in visiting nursing	Yet to be employed in visiting nursing to 6 months	6 months to 1 year	1 to 3 years	3 years or longer	3 years or longer (manager)
Ladder (level)	I (Novice)	II (Beginner)	III (Intermediate)	IV (Advanced)	V (Advanced)